

Personal, Social and Emotional Development (PSED)



Reception Medium Term Plan

Early Learning Goals

Self-Regulation

Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly

Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate

Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.

Managing self

Be confident to try new activities and show independence, resilience and perseverance in the face of challenge

Explain the reasons for rules, know right from wrong and try to behave accordingly

Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices

Building Relationships

Work and play cooperatively and take turns with others

Form positive attachments to adults and friendships with peers

Show sensitivity to their own and to others' needs

Autumn	Spring	Summer
Children will be encouraged to name their emotions and learn how to express and manage them.	Children can name some of their emotions and talk about their own and other's feelings.	Children will be able to manage their emotions and will be sensitive to the feelings of others.
Children will be encouraged to talk about their feelings and understand how others may be feeling.	Children will attempt to resolve conflict.	Children will develop confidence in attempting new activities.
Children will be encouraged to recognise the impact of their behaviour on others.	Children will be secure in managing their emotions.	Children will demonstrate resilience when completing a task.
Children will begin to build positive relationships with their peers.	Children can understand right from wrong.	Children will be able to maintain attention and respond appropriately to instructions.
Children will be supported to adapt their behaviour to different events and situations within school eg: classroom, assembly, lunch hall.	Children will be able to dress and undress independently.	
Children will be encouraged to manage their own personal hygiene needs.	Children will understand the difference between right and wrong. Children begin to adapt their behaviour appropriately to respond to different social events and situations.	

