

PSHE	LONG TERM PLAN		
	Autumn Term	Spring Term	Summer Term
THEME	RELATIONSHIPS	HEALTH & WELLBEING	LIVING IN THE WIDER WORLD
Year 1	<p>TEAM (Together Everyone Achieves More) Aim: Enable children to develop successful collaborative working skills such as good listening.</p>	<p>Aiming High Aim: Children will learn about having high aspirations, discuss their targets and what they are looking forward to.</p>	<p>Diverse Britain Aim: To help children identify that they belong to a community and groups and how they can contribute positively.</p>
Year 2	<p>VIPs Aim: It enables children to identify what makes someone special in order to help them identify the special people in their lives. It aims to teach child the importance of cooperation and how they show this.</p>	<p>Think Positive Aim: Children explore different emotions (both positive and negative) and how to manage them in order to make good choices.</p>	<p>Respecting Rights Aim: To enable children to explore the concept of difference and fairness and encourages them to reflect on how we should behave towards those who are different from us.</p>
Year 3	<p>TEAM (Together Everyone Achieves More) Aim: Enable children to consider the impact of their actions on others to develop teamwork skills and think positively about themselves and others.</p>	<p>Aiming High Aim: Children will explore what they have achieved so far, share aspirations for the future and explore the concept of resilience.</p>	<p>Money Matters Aim: To encourage children to think about where money comes from and how it can be used. Children begin to consider priorities when spending money and choices we might make when thinking about ethical spending.</p>
Year 4	<p>VIPs Aim: Building on prior knowledge of how relationships are established and maintained, children consider the qualities of a good friend and apply these to a real-life context such as solving disputes and bullying.</p>	<p>Think Positive Aim: Children build on their understand of comfortable and uncomfortable emotions and discuss how our attitudes towards life can impact our mental health. Lessons include positive thinking, managing difficult emotions and taking responsibility.</p>	<p>One World Aim: To enable children to explore the concepts of inequality and stereotypes and encourage them to reflect on what they can do to help make the world a fairer place.</p>
Year 5	<p>TEAM (Together Everyone Achieves More) Aim: Children develop the skills to disagree respectfully and communicate effectively when considering how their role impacts others.</p>	<p>Aiming High Aim: Children will explore their achievements, challenges they might face and the type of attitude which contribute to success.</p>	<p>Diverse Britain Aim: To enable children to identify how they can make a positive contribution to their community.</p>
Year 6	<p>VIPs Aim: Building on prior knowledge, children consider conflicts within relationships as well as secrets and dares, healthy and unhealthy relationships.</p>	<p>Think Positive Aim: Children continue to build on their understanding of feelings and thoughts to consider links between mindfulness and good choices applied to life.</p>	<p>Respecting Rights Aim: Children consider the concept that we all make choices to live as rights-respecting citizens. It aims to help children explore the ideas of equality and discrimination and the consequences of both.</p>