

RSE	LONG TERM PLAN		
	Autumn Term	Spring Term	Summer Term
THEME	RELATIONSHIPS	HEALTH & WELLBEING	LIVING IN THE WIDER WORLD
Year 1	<p>Be Yourself</p> <p>Aim: Enable children to recognise their personal qualities and appreciate their individuality.</p>	<p>It's My Body</p> <p>Aim: Children to explore choices they can make to look after their bodies. This includes learning about personal hygiene and keeping clean.</p>	<p>Money Matters</p> <p>Aim: Encourage children to think about where money comes from and how it can be used.</p>
Year 2	<p>Growing Up</p> <p>Aim: Introduce children to how they grow and change emotionally and physically amongst different types of families.</p>	<p>Safety First</p> <p>Aim: Children will learn about people who can help them to stay safe and how the Underwear rule helps them to recognise what is private.</p>	<p>One World</p> <p>Aim: Encourage children to compare their family home, life and school with those from around the world and respect differences.</p>
Year 3	<p>Be Yourself</p> <p>Aim: Enable children to develop the confidence to identify their strengths and achievements, explore their thoughts and feelings as well as how to rectify their own mistakes. Children consider situations which ignite a range of feelings including bereavement at an age-appropriate level.</p>	<p>It's my Body</p> <p>Aim: To develop an understanding of safer choices to look after their bodies linked with sleep, cleanliness, exercise and substances. This includes extending our understanding of personal hygiene to learn about both oral hygiene and the importance of good everyday hygiene habits to limit the spread of infection.</p>	<p>Diverse Britain</p> <p>Aim: Enable children to be respectful of differences linked to the British Values.</p>
Year 4	<p>Growing Up</p> <p>Aim: Building on prior knowledge, children to learn about the role of the male and female body in human reproduction alongside different relationships.</p>	<p>Safety First</p> <p>Aim: Children will learn about everyday hazards and the consequent decisions they can make to keep themselves safe.</p>	<p>Respecting Rights</p> <p>Aim: Enable children to recognise that <u>all</u> people have human rights and how they can make choices to respect other people's rights.</p>
Year 5	<p>Be Yourself</p> <p>Aim: Children to develop a positive view of themselves and enable them to recognise the importance of being proud of their individuality. Children deepen their understanding of a range of feelings and apply these to change including transitions between key stages, loss, separation, divorce or bereavement.</p>	<p>It's my Body</p> <p>Aim: Children to learn how to take care of their bodies independently focussing on the importance of body image, sleep, harmful substances. In addition, they will look at how their body changes during puberty.</p>	<p>Money Matters</p> <p>Aim: Encourages children to think about how money is used in the wider world. It will explore financial risks and how to avoid these.</p>
Year 6	<p>Growing Up</p> <p>Aim: Building on prior knowledge, children to develop an understanding of positive body image and stereotypes. They will also learn about different types of relationship including sexual relationships and health.</p>	<p>Safety First</p> <p>Aim: Children will learn what to do in an emergency, if they feel danger and how to keep themselves safe with particular focus on e-safety.</p>	<p>One World</p> <p>Aim: Enable children to explore the ideas of sustainability, the use of the earth's natural resources and the harmful effects of global warming.</p>