



Springmoor Grange School Newsletter

Volume 37 – Friday 3rd July 2026

Year 6 Residential

The children have all had a great time this week and made lots of special memories. They have taken part in a variety of different activities including Giant Swing, Fencing, Zip Wire and Climbing. Thank you to the children for representing our school well and a huge thank you to Miss Todd, Miss Day Mr Crowther, Mr Cummings, Miss Simpson for giving up their time to accompany and Miss Dewey for visiting the children. Year 5 have received their letter to book a space on the trip for next year – I know they are excited already!

Spennymoor Gala Day - Saturday 4th July

Have you got your cowboy hats and boots ready to mosey on down to Spennymoor Gala and represent Springmoor Grange? If you have, please meet the staff on Barnfield Road at 12:00noon - we are in Zones 13-14. Wear your best western attire too of course. We do ask that any children parading are accompanied by an adult - the Springmoor staff will not be responsible for the children through the parade! Individually wrapped sweets are always a highlight so bring some along too if you would like! See you there!

New Class Emails

Children will find out their new class in school on Monday 6th July – parents and carers will receive an email with these details in at approximately 2pm. Transition events will then take place on Tuesday 7th July and Tuesday 14th July. The children will have the opportunity to visit their new classroom, meet their teacher and staff working with them and say hello to new class mates. I am sure that everyone will have lots of fun.

Reading Books

We would be grateful if children could return all phonics and library books to school on Monday so that we can audit our library stocks ready for the new school year. Thank you.

SpringFest is 6 Days Away ...



... and the forecast is looking good! Please could you make sure that you have read the letter about the arrangements for SpringFest which was sent out last Friday. If you haven't done so already, please let us know on Arbor (through the consents option) whether your child will be accompanied by an adult or whether a member of staff will be accompanying them. Lastly, don't forget to bring cash on the day - most stalls **will be cash only**. See you

there at 1pm!

Weekly Class Charts Top Scorers

Reception	Daisy W	Year 4	Matilda L
Year 1	Willow N	Year 5	Tom D
Year 2	Khloe F	Year 6	Naava A
Year 3	Lucy H		

Dates for the Diary

Monday 6 th July	Reception – Visit to Seaham Marina
Monday 6 th July	2:30pm – Raven Class Assembly
Thursday 9 th July	SpringFest
Friday 10 th July	Years 3 and 4 – Visit to Jarrow Hall
Monday 13 th July	2:30pm – Owl Class Assembly 2:30pm – Elm Class Assembly
Tuesday 14 th July	2:30pm – Swallow Class Assembly
Wednesday 15 th July	Mock Junior parkrun 9am – KS1 9:30am – KS2
Wednesday 15 th July	1:45pm – Nursery Graduation
Thursday 16 th July	9am – Year 6 Celebration Assembly
Friday 17 th July	2pm – Year 6 Guard of Honour
Friday 17 th July	3pm Close for Summer
Summer Holiday	
Tuesday 1 st September	PD Day – School Closed
Wednesday 2 nd September	PD Day – School Closed
Thursday 3 rd September	Start of New School Year – Open to Children

Safeguarding Update

At The National College, our Mission Statement guides everyone's work: to ensure that all our students with the confidence and practical skills to be able to move into employment and higher education opportunities with confidence, skill and safety. www.thenationalcollege.ac.uk

10 Top Tips for Parents and Educators

MANAGING DIGITAL BOUNDARIES FOR CHILDREN UNDER FIVE

Screening time is part of every day, but there should not be over early childhood routines. For under-Fives, healthy digital habits are built through simple, steady boundaries that protect sleep, play, connection, and development. Current UK guidance advises avoiding screen time for children under two – except for shared activities such as video calls – while children aged two to five should ideally have no more than one hour a day.

1 ASK A GROWN-UP FIRST

For under-fives, it's important to remember that not all children are the same. Some children are more interested in screens than others. Some children are more interested in screens than others. Some children are more interested in screens than others. Some children are more interested in screens than others.

2 PROTECT SLEEP BUFFERS

Screening time should be limited to 10 minutes a day for under-fives. This is to ensure that children get enough sleep. Sleep is important for children's health and development. It helps them to learn and grow. It also helps them to feel happy and healthy.

3 CO-VIEW AND CHAT

Screening time should be limited to 10 minutes a day for under-fives. This is to ensure that children get enough sleep. Sleep is important for children's health and development. It helps them to learn and grow. It also helps them to feel happy and healthy.

4 KEEP DEVICES WIDEN

Screening time should be limited to 10 minutes a day for under-fives. This is to ensure that children get enough sleep. Sleep is important for children's health and development. It helps them to learn and grow. It also helps them to feel happy and healthy.

5 PLAN THE TRANSITION

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6 LEAD BY EXAMPLE

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7 MAKE SCREENS PREDICTABLE

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8 CREATE SCREEN ZONES

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9 USE SIMPLE SCRIPTS

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10 PRIORITISE SLOW CONTENT

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Meet Our Expert

Nicole Agarwal is the founder of 3 years old, an innovative educational content creator and author of the book 'The 3 Year Old's Guide to the World'. She is a mother of two children aged 3 and 4. She is a mother of two children aged 3 and 4. She is a mother of two children aged 3 and 4.

#WakeUpWednesday

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